

Involvement

The Newsletter of Glossop Volunteer Bureau

Issue 5

73 High Street West, Glossop, Derbyshire SK13 8AZ

Tel: 01457 865722

Fax: 01457 891425

Email: info@gvb.org.uk

Masterplan Unveiled!

If you were in Glossop on Friday 17th September, you couldn't have missed the Glossop Vision bus parked outside The Norfolk Arms. On show inside were initial proposals for the Masterplan for Glossop Town Centre. With ideas ranging from a pedestrianised forecourt in front of the train station to a river walk that stretches from Tesco's to Manor Park, there were plenty of issues for people to discuss.

Sarah Parkin, Market Town Manager for Glossop, was on hand to answer queries and guide people through the plans.

'We were delighted with the response from people passing by. We handed out over 200 feedback forms asking people to tell us what they liked and what they didn't, and we're especially keen to find out people's top three priorities.'

It'll be these priorities that the Council and the Glossop Vision Board will be looking at most closely when the time comes to spend some of the £2.35 million Liveability Grant. Work is expected to begin in 2005.



.....STOP PRESS.....

Rural Glue

Arts and cultural activities are increasingly the 'glue' that holds rural communities together, says a study from the national Rural Touring Forum. What do you think? See www.nrft.org.uk for more...

Right Ways

A booklet outlining good practice in protecting vulnerable adults is available from the Practitioner Alliance Against Abuse of Vulnerable Adults. Find out how to get your copy at www.pavauk.org.uk

(The Guardian, 6/10/04)

Inside

	<i>Page</i>
General news	2
Environment news	3
News for Volunteer Managers	4
Volunteering news	5
Hands On! Update	6
Volunteer Vacancies	7
Training news	8

Get Ready For...

October

Children hog the limelight this month. It's National Children's Book Week (4th-10th), see www.booktrusted.com for details. More events are National Children's Activity Week 11th-17th (www.tumbletots.com), ChildLine day on the 15th (www.childline.org.uk) and the Big Draw from 13th-17th (see www.)

Big people trying to join in these activities may be forced to eat sweets and pretend to be astronauts.

Of further interest is World Rural Women's Day. Sister, you are not alone! Er, well, actually you are...but so are lots of others. Get together online at www.ifap.org on 15th October.

There'll be a chance to try your hand at environmental volunteering on Make a Difference Day (www.csv.org.uk/difference), October 30th, at various locations around the High Peak—watch the local press for details!

Spooky fun at Manor Park on 31st, with family activities to include a children's fancy dress and pumpkin carving competitions. Times and details to be announced.

November

You could celebrate yourself silly in November. With something going on every day, it's really a buyer's market—feeling a bit political? Well join in with National Speak Out Month to give homeless people a voice (www.groundswell.org.uk) or International Day for Preventing the Exploitation of the Environment in War and Armed Conflict on 5th (www.un.org) or International Day for the Elimination of Violence against Women on 25th (www.un.org)

Want something more light-hearted? Well help to prevent hedgehogs getting cooked accidentally in bonfires on Prickly Heat:



Hedgehogs in a Hot Spot week from 1st-7th. See www.wildlifetrusts.org for details. Do something daft and raise cash for Children in Need on 19th (www.bbc.co.uk/pudsey) or mark down 27th November as the only day you could possibly buy everyone's Christmas present, and then pretend to be shocked when you find out it's Buy Nothing Day (www.buynothingday.co.uk)

December

From the 1st Glossop Volunteer Bureau is open to regular donations of chocolate and mince pies. For the staff, obviously.

It's Tree Dressing day on 3rd, so whether it's a yellow ribbon or a pair of pink frillies, show a tree you love it...



(www.commonground.org.uk).

The highlight of the month is undoubtedly the Glossop Volunteer Bureau Christmas party on Friday 10th at Whitfield Working Men's Club. Be there...

See you in 2005!

Cats Protection Closes

High Peak & Glossop Cats Protection finally closed its doors this month. The branch had been operating for seven years, recruiting volunteers to foster cats and act as home-checkers and providing cat owners with support.

The Branch Secretary, John Dillely, wrote to all volunteers to thank them for their contributions.

If you would still like to support the Cats

Repair our Moors

Looking after the lawn in the summer months is a challenge for gardeners but imagine tending 4 square kilometres...you'd want an army of helpers! The Moors for the Future Partnership is looking for local horticultural and gardening clubs who would like to get involved in a trial to grow cotton-grass from seed that was collected this summer. The plants, so named because of their cotton-like flowering heads, actually belong to the sedge family. They will be used for re-vegetating bog drains on the Peak District moors of Bleaklow. The plants roots will help knit the soil together and prevent further erosion to this fragile area.

Bleaklow is home to some of the world's most important heather moorland and blanket bog but, over the years, parts of this dramatic upland area have been severely damaged by fire. Now, the Moors for the Future project has started the long process of restoring the ground flora.

Moor Care Ranger, Dan Boys, explained, 'The first phase of the work is concentrating on the most damaged moorland. Last year we used a helicopter to spread lime and fertilizer over the burnt areas to prepare them for re-vegetation and encourage plant growth. Earlier this year we spread fast growing grass seed mix along with heather seeds over the site. The grass is already establishing well, helping to prevent erosion by the wind and rain and giving the heather a chance to establish itself.'

It is important to stress, however, that this is a long term-project. It may take many years for this fragile moorland to fully recover. Dan said, 'We are now looking for ways in which local people can get involved. We are calling on local gardening clubs or allotment societies with the space and expertise to try their hand at growing cotton-grass. As this trial is based initially at Bleaklow, we would especially welcome groups in and around Glossop and Holmfirth.'

If the trial proves successful, it is hoped that we will look to extend this project to other sites and species of moorland plants in the future.

If you can help, or would simply like to know more, contact Dan Boys on daniel.boys@peakdistrict.gov.uk or phone 01433 621656.

Hello Groundwork!

Groundwork Erewash Valley have now appointed a Rural Derbyshire Team manager to help Glossop get environmental volunteering off the ground.

Rachel Billings takes up her post at the end of October and will be based at High Peak Borough Council's Glossop office.

Rachel's role will involve setting up the Tidy Glossop campaign and looking at ways to manage our local environment in a sustainable way.

Come and Have a Go

At the One World Festival in June, High Peak CVS, Glossop Volunteer Bureau and English Nature were promoting environmental volunteering and encouraging people to get involved in looking after the environment.



Saturday 30 October 2004 is national Make a Difference Day and we want to invite you to help make a difference for your local environment by taking part in a range of activities. Several local organisations will be welcoming you to drop in and try environmental volunteering.

To be kept informed, email your details to debbie@gvb.org.uk or phone Debbie on 01457 865722.

Leadership - it's fun really...

If you're a Chief Executive or Senior Manager in a volunteer-involving organisation, you are invited to a seminar in London on 12th November.

The keynote speaker will be Professor Amin Rajan, CEO of CREATE.

So if you want an opportunity to explore leadership challenges with senior colleagues from other sectors—and you're responsible for the strategic development of volunteering—then you can't afford to miss the event.

More details can be found on the Volunteering England website www.volunteering.org.uk or email elizabeth.murray@volunteeringengland.org

You Know You're Right..

You know how it is. You've been managing volunteers for years and you know what works and doesn't work, but how are you going to convince funders?

By backing up your experience with credible, focused research.

The Institute for Volunteering Research specialises in undertaking research and evaluation with volunteer-involving organisations in the UK and internationally.

You can make use of their services by accessing research they've already done. This is great if you're trying to prove a need for a service or a style of volunteer management.

If you want to, you can also contact the IVR to help you answer questions specific to your organisation, such as how to attract volunteers, how to measure the value of volunteers or how to figure out what motivates people to volunteer in the first place.

So don't reinvent the wheel, and don't keep banging your head against a brick wall. Just check out www.ivr.org.uk and save yourself a headache.

Renewal.net

www.renewal.net is a web-based resource linking together all aspects of urban renewal. It's packed with up-to-date case studies and research bulletins covering broad topics such as health, local economies and community safety. You can sign up for free to receive regular email bulletins, keeping you absolutely at the leading edge in your field.

Recent reports, compiled specifically for renewal.net, include drugs prevention programmes in schools, a case-study of an organisation providing services to over-sixties, community enterprise networks in Sunderland and setting up community magazines.

Funding News As It Happens

Sign up to the government funding website and you'll be emailed with news about grants available in your sector.

Operated in conjunction with the Directory of Social Change, the aim of the service is to cut through red tape and make finding the right pots of money easier to identify.

Visit www.governmentfunding.org for details.

Involvement - copy deadline

The next edition of *Involvement* will appear in January 2005. Can you please submit articles, volunteer vacancies, training courses etc by Dec 5th 2004.

If you would like your organisation or a volunteer within your organisation to feature in our usual Case Study section, then please get in touch. Contact Debbie on debbie@gvb.org.uk

Timebank Seeks Virtual Recruits

Timebank is hoping to convert the time people spend surfing the net into time spent helping others with the launch of a new volunteer option called 'virtual volunteering'.

Virtual volunteering aims to attract computer-literate people who are not able or don't have time to turn up in person, but want to donate some time to a charity or cause. This is already an established form of volunteering in North America and Timebank is hoping it will catch on here. Volunteers can use the internet to perform a variety of tasks on behalf of charities. These could include online research, tracking legislation, providing translation or designing sites or newsletters.

Participants might also supervise or moderate a chat room or email discussion, or become an e-mentor- a volunteer that mentors someone online rather than in person.

Timebank is about to convert some of the 500 people on its mentoring waiting list into e-mentors, in an extension of its Time Together initiative, which finds mentors for refugees. Its waiting list exists because of a lack of time and funding to provide training to potential mentors.

'The bonus of e-mentoring is that no training is needed', said Andrew Dick, the charity's head of campaigns.

'Next month, we will email the waiting list to see if any of their skills are appropriate for e-mentoring work.

'Interested parties will be directed to a coded part of our website that will enable them to select the type of volunteering they want to become involved with. We envisage that helping refugees to improve their job applications and CVs will figure prominently.'

For details, go to www.timebank.org.
(*Third Sector* magazine)



Are you a woman aged between 16 and 65 years?

Are you bored with the TV in the evenings?

Do you want to enhance your CV?

Do you want to give something back to your local community?

Are you new to the area?

Do you want to make new friends and learn new skills?

If you can answer YES to any of the above questions, then Girlguiding could be for you.

For more information on what opportunities are available for YOU then call Kath Jarratt on 01457 865722

Go on ...

surpr!se

yourself

Hands On! Update

This edition's update has been written by Tracey Collins as new Youth Worker.

Bye Bye Katie

Katie sadly has left Hands On! at the end of August after successfully handing over the reigns to Tracey Collins, the new Hands On! Youth Worker. She didn't leave without a bit of a do. The young people involved with Hands On! all brought in a plate of food and someone with a little help from their mum baked the biggest chocolate cake ever to be seen in Glossop and a party was had by all.

Bee-ting

Bee-ting project held two further Club Nights on 29th July and 19th August. Sadly, this will be their last Club Night at Harley's as Harley's no longer wish to take part. The group are however looking into other possible venues in Glossopdale, as the event has been so popular with young people.

Football Tournament

What a success! You may have thought that European football was over for the summer but the Hands On! youth had other ideas. Youngsters from Glossopdale and St Philip Howard schools laced up and hit the pitch at

Glossopdale's upper site. The tournament gave young people the chance to get involved who wouldn't normally have the chance to compete in a football tournament. The Gamesley Spaniards eventually triumphed over the Czech team.

Night-stop

We are currently working with Nightstop UK who provide 'one night at a time' emergency accommodation for homeless people aged 16-25. Hands On! are to devise a pack to give to service users when they arrive at their host's house. The aim of the project is to raise awareness about homelessness.

Glossop Vision

Hands On! have been helping Glossop Vision with their plans for Harehills Park known to locals as the Sandhole. They have been suggesting ways in which to make the park and river walkway more inviting and user friendly. It's always a good idea to ask young people what they would like, even if it was a little bit too unrealistic to have a shelter built with satellite television!

New Youth Worker

Applications are flooding in for the post of Youth Worker to assist Tracey and interviews are scheduled for the end of October



Friends of Manor Park meeting

Wednesday 20th October

7pm, Bradbury Community House

Everyone welcome!

**Come along to find out what we do
and how you can make a difference**

Volunteer Vacancies

*****STOP PRESS*****

SANELINE RECRUITING NOW!!

Saneline (Macclesfield) are currently seeking prospective telephone counsellors for their mental health helpline.

Anyone wishing to undertake this role will first be expected to successfully complete a training course. The SANELINE training course fully equips new volunteers (who do not need to have any experience or knowledge of mental health issues) with the skills to provide support and information to people with mental illness or their carers and relatives.



The training is fully endorsed by the Royal College of Psychiatrists and it is also accredited by the Open College Network as 4 credits at level 3 (the equivalent of an A-level).

The training is challenging, the volunteering rewarding. If you are looking for a career in the fields of mental health or social care, this could be the perfect start.

If you would like to find out more, contact Nick Pyle, Manager on 01625 429050.

Derbyshire Youth Mentoring Scheme

The Scheme is looking for responsible adults to help make a big difference in a short time for a local young person.

If you can spare a couple of hours a week for a period of six months and you are a good listener with a belief in young people, then please get in touch. Training will be provided, and out-of-pocket expenses will be reimbursed.

Call Debbie Enever at Glossop Volunteer Bureau for an information pack and informal chat on 01457 865722 or email debbie@gvb.

About Millennium Volunteers



Millennium Volunteers (MVs) are young people who give up their free time to help their local communities. You might find them coaching a school football team, working at a community radio station or helping create a garden for local residents. MV allows young people to build on their interests, to develop themselves and make a difference to their community at the same time.

After 100 hours of volunteering, MVs will be presented with an Award signed by the Minister for Skills and Vocational Education. However the ultimate aim is to reach the 200 hours target, when MVs will receive an Award of Excellence signed by the Secretary of State. Over 40,000 MVs have received an Award of Excellence so far!

Through the course of their voluntary work, MVs will gain valuable skills and experience that they can make use of in the workplace, such as team-working, decision making and communication. MVs can learn practical skills too, such as designing websites or cooking. Having MV on your CV is something that really makes employers and Universities sit up and take notice. So if you are aged between 16 and 24, Millennium Volunteers could be for you. MV is a national movement with 130 MV Projects established around England, mostly based in local volunteering centres, schools or colleges.

If you want to join MV, or speak to someone to find out more information, contact Gill Bowler on gill.bowler@rowa.org.uk.

High Peak CVS are running the following courses. To book your place please call Gina on 01663 735350, or visit their website at www.highpeakcvs.org. Half-day courses are free. Full-day courses cost £10, including lunch.

Counselling for non counsellors

Content: A session specifically for volunteers or paid staff in voluntary organisations, introducing some of the issues and skills needed in informal counselling such as listening .

Date & time: Tuesday 19th October, 9.30am –12.30pm

Tutor: Derek Shields, Winning Edge

Venue: New Mills Volunteer Centre, Union Road, New Mills

Creating an effective and eye-catching newsletter

Content: Techniques, hints and tips to creating an eye-catching newsletter, including design and image, looking at your target audience, content, writing and subbing style. Following the course, Tony is happy to work with individual organisations to help them develop their own newsletters.

Date & time: Thursday 21st October, 1.30pm – 4.30pm

Tutor: Tony Okotie, High Peak CVS

Venue: High Peak CVS, Bingswood Estate, Whaley Bridge

Developing Consultation Skills - NEW

Content: An opportunity to develop your understanding of what consultation is, what it is for and how to do it, using various innovative techniques. This session is tailored to delegates needs, so please let us know when you book what you would like to see covered.

Date & time: Wednesday, 10th November, 10am –1pm

Tutor: Di McIntyre, High Peak CVS

Venue: High Peak CVS, Bingswood Estate, Whaley Bridge

An Introduction to Child Protection

Content: A three-hour course, covering: identifying abuse, the different categories, roles and responsibilities, principles and procedures. An ideal introduction to the issue, for both paid staff and volunteers, and essential for organisations working with children. A certificate will be issued to all attendees.

Date & time: Wednesday 17th November, 9.30am - 12.30pm

Tutor: Derbyshire Area Child Protection committee

Venue: High Peak CVS, Bingswood Estate, Whaley Bridge

Running Effective meetings - NEW

Content: For anybody who attends meetings but especially for those who run meetings. An opportunity to look at the practical elements of running effective meetings and develop the skills used by all who run and attend meetings.

Date & time: Tuesday, 23rd November, 10am – 1pm Tutor Di McIntyre, High Peak CVS

Venue: Bradbury Community House, Market Street, Glossop

Writing a Child Protection Policy - NEW

Content: A session looking at the importance of a good CPP, what it needs to include (and why), and practical help to write the policy.

Date & time: Wednesday, 1st December, 10am – 1pm

Tutor: Esther Jones & Di McIntyre , High Peak CVS

Venue: High Peak CVS, Bingswood Estate, Whaley Bridge



volunteering made easy